

## YOUR “GRAB-and-GO” & HOME PREPAREDNESS KIT

Following are items you should consider for inclusion in your emergency kit – either “Grab-and-Go” or “Home Preparedness”, you will need many of the same items.

- In an emergency evacuation, there's not always enough time to find what you need, so your kit should be preloaded with all your essentials.
- The supplies in your house should keep your family safe and healthy for at least three days – and be useful during the clean-up phase after a disaster.

1.	Vital Documents: Copy of insurance documents, identification, bank/credit card records, medical records, deeds, etc. Grab wallet and/or purse.
2.	Prescriptions: medications, eye glasses
3.	Water (minimum 1 gal of bottled water/person)
	Food: e.g., granola, nuts, dried fruit, snacks, and cookies
	<i>If staying at home:</i> At least a three-day supply of non-perishable food for your family and pets.
	Infant/Child/Pet necessities
	Mess Kit: can opener, paper plates, cups, utensils
4.	Clothing: sweater, raincoat/waterproof jacket, hat, shoes
	<i>If staying at home:</i> Change of clothing – long pants, long-sleeved shirts, rain jackets, sturdy boots or shoes
	Dust mask or cotton t-shirt – to help filter the air
5.	Cell phone and charger or prepaid phone card
6.	First aid kit: bandages, antibiotic ointment, antiseptic, aspirin, sunscreen, antidiarrheal medicine, medical tape
7.	Cash: \$300 in small amounts
8.	Sanitation supplies: toilet paper, moist towelettes, garbage bags, plastic ties, zip lock bags, hand sanitizer, a bucket
	<i>If staying at home:</i> Garbage bags and ties
9.	Hand tools: multi-tool knife, duct tape, jumper cables, rope, heavy gloves for removing debris, rubber gloves for sanitary purposes
	<i>If staying at home:</i> Wrench, pliers, plastic sheeting, wire nippers, and an assortment of nails, screws and bolts to shelter in place
	Fire extinguisher



